

ROAR



RECONNECT
OUR
AUTHENTIC
ROOTS.

REDISCOVER
your WAY,
your PURPOSE
and WHO YOU
REALLY ARE.

*Retreat / Workshop / Transformative
Experience with Rigo Bellott-Machi & Osomatli Jampiri*

“Seventeen years ago I survived a fatal accident and woke up in a coma, relearned to walk, to shower by myself, to cross the street and realized that the tools I have been learning, developing and using in more than 22 years of a career in film, are the same ones with which I am redesigning my life, changing my destiny and creating my future”.

Rigo Bellot-Machi

THE HACKING OF THE BELIEF SYSTEM

The nervous system is responsible for everything since we are born. Our life experience is created by our own narratives. We receive inputs that our brain codes as:
Perceptions (attention / focus) Emotions (feelings) Thoughts (we shape our reality) Behavior (actions that shape our personality) Personality (System of Neurobiological Algorithms we learn at our developmental age)

NEUROPLASTICITY

Neuroplasticity is broadly defined as the brain's ability to reorganize its neural connectivity patterns, readjusting its functionality. The process of neuroplasticity elicits neural connections in response to information from environmental experiences, such as sensory stimulation or simply as a result of normal development.



YOU ARE WHAT YOU BELIEVE

What you believe dictates what you think, what you think manifests and you experience an emotion, and that emotion dictates the action you take. The brain is an archive of the past. You do not see the world as it is. You see the world as you are. Our beliefs dictate our destiny.



Why?

In a time of change and uncertainty where fear can takeover our lives, narrative engineering becomes a powerful neuroplastic tool that helps us rewrite our history and re-empower the hero of our film, for a better present and future.

What is it?...

This is a creative workshop/retreat which introduces tools to identify “your story” as false, allowing us to eradicate limiting beliefs and uncover part of a potential that we are unable to see on our own.

And how?

We learn new tools and live new experiences that give us access to thoughts, perceptions and narratives that can help us rewrite our present and give way to a more conscious future. This method puts at its center the importance, understanding and application of cycles of flow:

- 1. The resistance (emotion + ego)***
- 2. Letting go (where and when)***
- 3. The flow (ecstasy)***
- 4. Recovery (integration and rest)***

SOME TOOLS

*We offer conscious changes
in your neurological nets through:*

ALTERED STATES OF CONSCIOUSNESS
ART MOVEMENT
ANDINO/AMAZONIC ANCESTRAL KNOWLEDGE
NEUROBIOLOGY

We open our eyes to see beyond
what we have seen before.

We open our ears to hear what
we could not hear before, beyond
limitation, beyond the beyond.
We feel a new story emerging from
ourselves and rippling on into our
lucid bodies, as waves of love remind
us of who we really are,
dissolve us into we have always
meant to be.

And the layers between us and who we
are meant to be fade away.
And suddenly we realize we are all
that we dreamed we could be.

THE 5 QUESTIONS

1
What is your movie about? What are you looking for? What story are you trying to write?

2
Where does this story take place? In the body? The soul? How does it take place?

3
Why do they fight? Who is he protagonist?

4
What are the steps to follow? What are the important decisions? The actions?

5
When does this story take place? In the present? In the past? Or are they future imaginations?

We are not guides, shamans, or gurus; we are men in service, walking together in the strength of vulnerability for the good of the community. After years of denying our roots, the sacred potential to push ourselves to exhaustion, knowing exactly what to do to transform our lives but choosing self-sabotage, choosing to move forward under a deep fear shaped by family patterns of rejection, abandonment, humiliation, betrayal, and injustice, it was in that dark and twisted place that we recognized the true challenge: to look fear in the eyes. And instead of "healing" it, we learned a way to integrate it into our lives. Now we don't have a magical solution or a definitive formula, but that experience gifted us interesting tools, ancient and ancestral, yet also new and innovative, that, when combined with the energy of the tribe, we deeply believe can help you remember and embody your most powerful essence.

Osomatli Jampiri-HC

THE ENCOUNTER

It's a 4 day work shop and mental, physical, emotional exploration in a remote location, no internet or phone access. The idea is to disconnect and be present. The days are structured around the 4 phases of flow.

Us

Rodrigo Bellot
Film director, theater, and expert in neurobiology.

Harold Céspedes
Alternative therapy and medicinal plants expert.
Film producer, Engineer,

Billy Gallego
Mayeutic Coach
Brand architect & Entrepreneur.

Jamie Beron
Suco master,
Teacher of Vinyasa,
Jivamukti and meditation
and breatwork.

You

Ready to re write your story and set the bases of a better life.

PLACE

Barcelona, Spain
Masia Ventaenell



See you soon.

9 > 14
June
2026

stay

*Organic and keto
diet included*

PRICE

2800,0 €

Contact

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A large tree with thick, vertical roots growing from a rocky cliff face. The roots are numerous and hang down, creating a dense, textured appearance. The background is dark and shadowed, emphasizing the roots and the rock.

ROOTS

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